

COSTA RICA & GALÁPAGOS ISLANDS

DEPARTURE MONTHS

August, September & November

Check approachtours.com for departure dates.

DAY 1 • GOODBYE CANADA, HOLA COSTA RICA!

Enjoy a private car ride to the airport. Fly to Liberia, Costa Rica, where you'll meet your Group Guru and fellow travellers. Upon arrival, our luxury coach brings you to your hotel in Arenal for check-in and a relaxing evening. Dinner, welcome cocktail and overnight in Arenal. (D)

DAY 2 • ARENAL VOLCANO & THERMAL WATERS

Walk in the shadow of one of Costa Rica's most famous volcanoes as you explore Arenal Volcano National Park. Follow forest trails shaped by past eruptions while your guide brings the region's geology and wildlife to life. After lunch, glide through the rainforest canopy on an aerial tram, offering a different perspective of this rich ecosystem. As evening falls, soak in natural hot springs heated deep within the earth — a signature Costa Rican experience. Dinner at a local restaurant. Overnight in Arenal. (B,L,D)

DAY 3 • RAINFOREST CANOPY & FAMILY FARM

Step into the treetops along the Mistico Hanging Bridges, where suspended walkways reveal a quieter world above the forest floor. Scan for monkeys, tropical birds and sloths hidden among the branches. This afternoon, experience rural Costa Rican life during a visit to a local family farm. Learn traditional cooking methods, sample fresh ingredients and try your hand at time-honoured practices like sugarcane processing. Dinner at a local restaurant. Overnight in Arenal. (B,L,D)

DAY 4 • LAKE ARENAL CROSSING TO MONTEVERDE (100 KM)

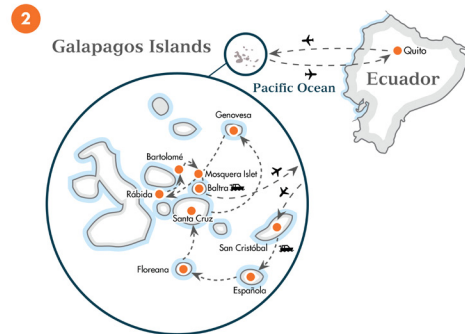
Travel across Costa Rica's scenic interior toward Monteverde, combining road and water along the way. Drive along the shores of Lake Arenal before boarding a boat to cross its wide, open waters, surrounded by jungle-covered hills and distant volcanic views. On the far side, continue climbing into the mountains, where warm rainforest gives way to the cool, misty cloud forest. Arrive in Monteverde and enjoy a relaxed afternoon. Dinner at the hotel. Overnight in Monteverde. (B,L,D)

DAY 5 • MONTEVERDE CLOUD FOREST & COFFEE TRADITIONS

Enter the legendary Monteverde Cloud Forest Reserve, where drifting mist nourishes a unique ecosystem found nowhere else. Walk beneath towering trees draped in moss and orchids while your guide points out hummingbirds and other rare species. Later, visit a local plantation for a guided coffee and chocolate tour, following the full process from cultivation to production, followed by a tasting of freshly prepared coffee and artisanal chocolate. Dinner at a local restaurant. Overnight in Monteverde. (B,L,D)

DAY 6 • MONTEVERDE WILDLIFE SANCTUARY (150 KM)

Visit a local wildlife sanctuary this morning, offering a closer look at rescued animals and Costa Rica's conservation efforts. Continue by coach to San José, descending from the mountains into the Central



Valley. On arrival, enjoy a brief orientation of the capital, a city shaped by Spanish colonial roots and modern Costa Rican life. Dinner at a local restaurant. Overnight in San José. (B,L,D)

DAY 7 • SAN JOSÉ & ARRIVAL IN QUITO (FLIGHT)

Discover the cultural heart of Costa Rica with visits to San José's elegant National Theatre and the lively Mercado Central, where local life unfolds among food stalls and artisan goods. After lunch, transfer to the airport for your flight to Quito, Ecuador — a UNESCO-listed city perched high in the Andes. Upon arrival, transfer to your hotel and enjoy a relaxed evening as you prepare for the next chapter of your journey. Overnight in Quito. (B,L,D)



DAY 8 • BOARD YOUR EXPEDITION CRUISE (FLIGHT)

Fly to the Galápagos Islands this morning, a remote archipelago that inspired Charles Darwin's theory of evolution. Arrive on San Cristóbal Island and board your expedition yacht, your home as you journey through the islands. This afternoon, step ashore for your first encounters with Galápagos wildlife, where sea lions lounge along white-sand beaches and frigatebirds circle overhead — a striking introduction to one of the world's most untouched ecosystems. Overnight on board. (B,L,D)

DAY 9 • SAN CRISTÓBAL – KICKER ROCK & PUNTA PITT

Cruise along the dramatic coastline of San Cristóbal to Kicker Rock, a striking volcanic formation rising from the sea, before continuing to Punta Pitt — one of the only places in the Galápagos where all three species of boobies can be seen together. Hike along rugged cliffs and take in sweeping ocean views as frigatebirds soar overhead, then return to the water for opportunities to snorkel or explore by dinghy alongside sea lions and marine life. Overnight on board. (B,L,D)

DAY 10 • ESPAÑOLA ISLAND – SEABIRD COLONIES

Arrive at Española, one of the oldest islands in the archipelago and a haven for seabirds. At Punta Suárez, walk across windswept cliffs where nesting colonies of blue-footed boobies and waved albatrosses gather. Later, relax on the pristine white sands of Gardner Bay, where sea lions rest along the shore and clear waters invite snorkelling in one of the most beautiful settings in the Galápagos. Overnight on board. (B,L,D)



ARENAL VOLCANO, COSTA RICA

DAY 11 • FLOREANA ISLAND – HISTORY & HIDDEN LAGOONS

Explore Floreana Island, rich in both natural beauty and human history. Walk to a secluded lagoon at Punta Cormorant, where flamingos wade through shallow waters in vivid contrast to the surrounding landscape. Continue to the historic Post Office Barrel, a tradition dating back to the 18th century, where travellers still leave and collect hand-delivered mail — a living piece of Galápagos history. Overnight on board. (B,L,D)

DAY 12 • SANTA CRUZ HIGHLANDS – GIANT TORTOISES

Travel into the lush highlands of Santa Cruz Island, where giant tortoises roam freely through green pastures and forested terrain. Observe these remarkable animals in their natural habitat and learn about the conservation efforts taking part to protect them. Return to the ship and continue sailing through the archipelago. Overnight on board. (B,L,D)

DAY 13 • GENOVESA ISLAND & DARWIN BAY

Visit El Barranco Prince Philip's Steps and be marveled by the variety of sea life that uses the crevices of the lava cliffs for shelter. Then continue on to Darwin Bay to meet the swallow-tailed gulls: often said to be the most beautiful gull in the world. Overnight on board. (B,L,D)

DAY 14 • RÁBIDA & BARTOLOMÉ – ICONIC LANDSCAPES

Step onto Rábida Island, instantly recognizable for its deep red sand beaches, where sea lions, finches, and pelicans gather along the shore. Later, climb the wooden staircase of Bartolomé Island to one of the most iconic viewpoints in the Galápagos, overlooking Pinnacle Rock and the surrounding volcanic landscape. Snorkelling here may reveal penguins, reef sharks and playful sea lions. Celebrate your journey with a farewell dinner this evening. Overnight on board. (B,L,D)

DAY 15 • MOSQUERA ISLET & RETURN TO MAINLAND (FLIGHT)

Spend your final morning at Mosquera Islet, a narrow stretch of sand known for its thriving sea lion colonies and clear waters, ideal for one last snorkel alongside marine life. Disembark in Baltra and fly to Quito. Transfer to your hotel and enjoy a relaxed evening after your journey through the islands. Overnight in Quito. (B,L,D)



DAY 16 • HOME SWEET HOME

After breakfast, transfer to the airport for your flight home, bringing with you unforgettable memories of Costa Rica's lush landscapes and the remarkable wildlife of the Galápagos Islands. (B)



CORAL 1 EXPEDITION YACHT



AL FRESCO DINING



LOUNGE



EQUIPMENT RENTAL

CORAL I CABINS

JUNIOR

128 sqft — SKY & EARTH DECK

\$24,995

Per person in double occupancy
Single supplement: +\$6,500

[BOOK NOW](#)

WHAT'S INCLUDED IN YOUR SUITE

- 2 picture windows
- Located on the upper decks
- Private bathroom
- Walk-in shower
- Climate control

STANDARD PLUS

118 sqft — SEA DECK

\$22,995

Per person in double occupancy
Single supplement: +\$6,500

[BOOK NOW](#)

WHAT'S INCLUDED IN YOUR SUITE

- 2 porthole windows
- Private bathroom
- Walk-in shower
- Climate control

STANDARD

94 sqft — SEA DECK

\$22,995

Per person in double occupancy
Single supplement: +\$5,000

[BOOK NOW](#)

WHAT'S INCLUDED IN YOUR SUITE

- 2 porthole windows
- Private bathroom
- Walk-in shower
- Climate control



16 DAYS

ALL-INCLUSIVE

\$22,995

Per person in double occupancy;
Standard Cabin



Difficulty Rating:
High (details)

EVERY APPROACH CRUISE INCLUDES THE FOLLOWING PERKS:

- Private car service to and from your home airport
- International and domestic flights
- Meals and excursions that are typically sold separately
- Tips & for all service providers
- 24/7 Group Guru (in addition to tour guide and local guides)
- Extensive travel insurance with Manulife Financial
- All transfers to and from our cruise
- Free Wi-Fi on board
- Freeflowing alcoholic beverages

TOTAL VALUE OF PERKS

\$8,225

BARTOLOME ISLAND, GALAPAGOS

THIS TOUR INCLUDES



TOUR ESSENTIALS

- International flights with Air Canada or Avianca and 3 regional flights
- 8 nights in first class hotels and 6 nights on board
- Dedicated English-speaking tour guide and local guides
- Carefully selected visits, including entrance fees
- Luxury coach bus transfers and luggage portorage where available



FOOD & DRINK

- All 44 meals, including: 15 breakfasts, 14 lunches and 15 dinners
- Family farm lunch (included in meal count)
- Farewell dinner (included in meal count)
- Welcome cocktail
- Coffee and chocolate tasting
- Filtered drinking water daily



UNIQUE MOMENTS

- Between Costa Rica and the Galápagos Islands, see a wider range of animals than nearly anywhere else on earth
- Explore the jungle canopies during the aerial tram ride and walking along the Mistico Hanging Bridges
- Splash around in the thermal waters of Arenal and snorkling the crystal-blue waters of the Pacific
- Indulge in Costa Rican life in San José

I WANT TO BOOK NOW!