



# Packing list

In addition to all the basics that you will pack, here is a list of suggested items that may make your time on tour with us even more enjoyable:

## Clothing


- Loose-fitting, light and breathable clothing. Out of respect for the local culture, while visiting temples, it is recommended that you wear shirts that cover your shoulders and pants that reach your ankles.
- A scarf or shawl for female travellers to cover their head and shoulders when entering religious sites.
- A sun hat or cap
- A windbreaker or light rain jacket
- Comfortable walking shoes (Strappy sandals aren't permitted at certain temples e.g. Wat Phrathat Doi Suthep)
- Socks (Many temples ask that you remove your shoes inside!)
- Bathing suit

## Documents

- Plane tickets
- Passport
- Driver's License
- Photocopies of your Passport and Driver's License
- Travel insurance confirmation of coverage
- List of any medications and allergies
- Emergency phone numbers
- Original prescriptions (for refills or for border security)
- Your fancy Tour Journal!

## Essentials

(that we sometimes forget)

- Sunglasses
  - Wallet + credit cards + cash (no travellers cheques – few places accepted them now!)
  - Camera + memory cards
  - International power adapter
  - Cell phone/Tablet
  - Headphones/Earbuds
  - Sunscreen
  - Insect repellent
  - Ear plugs
  - Chargers for electronic devices (camera, cell phone, tablet)
  - Prescription medication
  - Basic First Aid items (granol, a variety of band-aids, alcohol wipes, acetaminophen or ibuprofen, antacids, tweezers, afterbite, antihistamines, loperamide, lip balm)
  - Your favorite book or magazine
  - Hand sanitizer
-  **Recommended carry-on items**