



# Packing list

In addition to all the basics that you will pack, here is a list of suggested items that may make your time on tour with us even more enjoyable:

## Clothing

- ☐ Loose-fitting, light and breathable clothing that covers your shoulders, chest and legs such as long-sleeve shirts, trousers, or long skirts. Out of respect for the local culture, it is recommended that you do not wear short-shorts or skirts.
- ☐ A scarf or shawl for female travellers to cover their head and shoulders when entering religious sites
- ☐ A sun hat or cap
- ☐ A windbreaker or light rain jacket
- ☐ Comfortable walking shoes
- ☐ Bathing suit

## Documents

- ☐ Plane tickets
- ☐ Passport
- ☐ Driver's License
- ☐ Photocopies of your Passport and Driver's License
- ☐ Travel insurance confirmation of coverage
- ☐ List of any medications and allergies
- ☐ Emergency phone numbers
- ☐ Original prescriptions (for refills or for border security)
- ☐ Your fancy Tour Journal!

## Essentials

(that we sometimes forget)

- ☐ Sunglasses
- ☐ Wallet + credit cards + cash  
(no travellers cheques – few places accepted them now!)
- ☐ Camera + memory cards
- ☐ International power adapter
- ☐ Headphones/Earbuds
- ☐ Cell phone/Tablet
- ☐ Sunscreen
- ☐ Insect repellent
- ☐ Ear plugs
- ☐ Chargers for electronic devices  
(camera, cell phone, tablet)
- ☐ Prescription medication
- ☐ Basic First Aid items (granol, a variety of band-aids, alcohol wipes, acetaminophen or ibuprofen, antacids, tweezers, afterbite, antihistamines, loperamide, lip balm)
- ☐ Your favourite book or magazine
- ☐ Hand sanitizer



Recommended  
carry-on items